



[Knowledgebase](#) > [Pre-Purchase Inquiry](#) > [Reebok Pulse](#) > [Product Information](#) > [Reebok Pulse Case Size and Fit](#)

## Reebok Pulse Case Size and Fit

Inas Laghzaoui - 2025-09-04 - [Comments \(0\)](#) - [Product Information](#)

**Understanding the dimensions of your Reebok Pulse smartwatch** helps ensure proper fit, comfort, and usability. This article provides detailed measurements, design considerations, and guidance for users with different wrist sizes.

### Case Dimensions

- **Width:** 45 mm
- **Height:** 49.5 mm
- **Thickness:** 12 mm

These measurements reflect the physical size of the watch case, including the bezel but excluding the strap. The larger footprint supports a wide display, extended battery, and sensors while maintaining balance on the wrist.

### Design Considerations

- The increased case height and width allow for a larger screen, improving readability and interaction.
- The 12 mm thickness provides room for the battery and components, while still keeping the profile manageable for everyday wear.
- The rectangular design is engineered to distribute weight evenly for comfort.

### Fit for Different Wrist Sizes

- **Small Wrists:** The Pulse is larger than the Reebok Icon, but its strap design ensures a secure fit even on smaller wrists. Some users with narrow wrists may find the case more prominent.
- **Medium to Large Wrists:** The 45 mm width and 49.5 mm height are well suited for medium to large wrists, offering strong screen visibility and proportional balance.
- The strap is adjustable and can be replaced with alternate bands to optimize fit and comfort.

The Reebok Pulse is designed as a larger case option that remains versatile enough to suit a wide variety of wrist sizes, with particular balance for medium and larger wrists.

### Additional Notes

- Try the watch on to assess how the larger case feels on your wrist.

- Consider strap choice for improved comfort, especially if you have a smaller wrist.
- The 12 mm thickness makes the watch slightly taller on the wrist than the Reebok Icon, which may be a factor under fitted sleeves.