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Connect Your Reebok Pulse to Google Fit

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Sync your Reebok Pulse with **Google Fit** to get a complete view of your activity and health data — all in one place.

How to Connect

1. Open the **Reebok Connect** app on your phone.
2. Go to the **Account** tab.
3. Scroll to **Data Sharing** and tap **Google Fit**.
4. Tap **Connect** and select the Google account you use with Google Fit.

What Gets Synced

After connecting, your watch will automatically send the following data to **both** Google Fit and the Reebok Connect app:

- Steps
- Heart Rate
- Sleep Data
- Calories Burned